



10TH ANNUAL

WellnessWalk



A beautiful walk/run along Chicago's scenic shoreline of Lake Michigan.

Tuesday, Oct. 3, 2017

7:15 a.m. — Meet in the main lobby, Michigan Ave. entrance, top of the stairs

7:30 a.m. — Walk/Run begins

Participants receive a 10th anniversary Wellness Walk t-shirt!



Start and End: Chicago Marriott Downtown Magnificent Mile

Route: Take a **Left** onto Michigan Ave. **Right** on Ohio St. **Take Ohio St. Tunnel** then **Left** on N. Lake Shore Drive Running Path. Follow to desired turnaround distance.

Walkers: Turn around at Pearson St. (~2 Miles). Follow route back to Marriott.

Joggers/Runners: Turn around at Division St. (~3 Miles). Follow route back to Marriott.